

A Note To The Families and Friends of an Elder in Need...

It can be very unsettling to learn that someone you love is now unable to lead the independent life they once enjoyed. You may feel guilty and helpless as you try to offer assistance.

Whether an elder's decline in function occurs suddenly or gradually, multitudes of issues arise which can literally tear family relationships apart.

Often, the person in need of assistance believes they can manage without it. They may assume their friends and family will be able to dedicate all the time and energy needed to address the problems at hand. Few people realize the medical, financial, social service and legal expertise needed to effectively manage the challenges of aging.

Our Care Management team is qualified to assess your family's unique situation and bring community resources together to meet your needs. We are there for you when difficult decisions weigh heavily upon your mind. Let the time you spend with your V.I.P. be quality time. Let us ensure your peace of mind.

**We are there for YOU—as well as your
Very Important Person.**

561-588-5151

www.vipcaremanagement.com

Facility Move-In Checklist

- Before selecting a facility, consult with a V.I.P. Care Manager to determine which facility can best meet your medical needs, offer quality of life and work within your budget now and for the long term. Determine potential for financial aid.
- Change mailing address to facility or responsible party.
- Update Power of Attorney, Living Will, Healthcare Surrogate and other legal documents. Provide copies to doctors, facility, banks, income sources and others.
- Secure valuables.
- Make arrangements for pets.
- Disconnect utilities and phone. Establish phone service at facility if needed.
- Return rented medical equipment.
- Determine if insurance/HMO changes must be made.
- Select physicians who can visit the facility or arrange transport to outside doctors.
- Notify Social Security, pensions and other income sources of your new location.
- Notify banks of where to mail statements.
- Arrange auto-bill pay for all applicable bills.
- Arrange for sale of home, car, boat and other un-needed personal effects.
- Coordinate the first day's medication needs with facility. You may need to bring a one day supply.
- Verify your prescription plan can be used at the new facility.
- Pack 7-10 days worth of appropriate clothing and label everything in a discrete location such as on a tag. Label shoes, electric razors, toiletries, etc. Bring no expensive items or clothes.
- Hire V.I.P. Care Management, Inc. to monitor your loved one and to be there when needed.



V.I.P. Care Management

SOLUTIONS FOR ELDER AND THEIR FAMILIES™

Geriatric Care Management

Facility Placement

Fiduciary Services

Bill Paying

Home Care Coordination



*Providing Care Management And Quality Of Life
Solutions For Elders Living At Home, In Assisted
Living And In Nursing Homes Since 1993*

For More Information Please Call

561-588-5151

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Licensed and Insured



V.I.P. Care Management Services

- Geriatric Care Management, Assessments, Consulting and Long Term Care Planning
- Assisted Living and Nursing Home Selection, Placement and Monitoring
- Fiduciary Services: Health Care Surrogate, Personal Representative, Trustee
- Bookkeeping and Monthly Bill Paying
- Physician, Home Health Care Selection and Transportation Coordination
- Crisis Intervention
- Estate Liquidation
- Real Estate/Property Management
- Referrals to attorneys for Medicaid, Veteran Benefits and Disability Applications

We're There When You Need Us

When the challenges of aging arise, family members often spend considerable time and money coming to the aid of their loved ones. However, once the family members return home, the problems often resurface. The truth is, although families wish they could help, there is only so much that can be done from a distance.

Locating and coordinating community and government services can be difficult and frustrating, making long distance care coordination expensive and sometimes impossible. Even families who live close to their elders often have difficulty navigating the complex healthcare system. Whether you are around the corner or around the world, V.I.P. Care Management provides peace of mind and improved quality of life for the entire family.



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The V.I.P. Care Management Team

V.I.P. Care Managers are community resource specialists who assess client needs and arrange for all services and benefits available from private and/or not-for-profit providers, government agencies and health care facilities. We help our clients connect with professionals in the field of Elder Law, Financial Planning, Insurance, Medicine, Psychology and Home Health.

Our coordination of financial, real estate and social services makes V.I.P. Care Management, Inc. the most comprehensive care management team available.

The Four “C”s of facility selection.

Often the complex daily living needs of an elder can be best managed in a Nursing Home or Assisted Living Facility. We can help narrow the many available choices by utilizing the V.I.P. Care Management method: The Four “C”s: a four step approach to finding appropriate, affordable long term care.

1. Care – Can the facility provide the personal, medical and psychological care the resident will need? The amount of care a person needs is not negotiable.

2. Cost – Most residents have a fixed income. The amount they can afford to pay for the facility, plus additional expenses such as medications, transportation to doctors, etc., must be taken into consideration.

3. Community - Moving to a facility close to family or friends who will visit regularly is a good strategy. Some families feel it is important to remain close to a particular doctor or medical center.

4. Culture – While most facilities are open to everyone who can afford their fee, many have niches or specialties such as in-house nursing agencies to provide more medical care or a locked unit for residents with dementia who wander. Some facilities have an unofficial focus on a particular language or religious orientation.

When selecting a long term care facility, consider the Four “C”s so as to ensure the most appropriate, safe and emotionally comfortable long term arrangement for your loved one.

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**To Discuss Your Concerns About A
Very Important Person In Your Life**

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